



Kathleen Budzynski, RN, BSN  
Geriatric Care Manager

Kathy brings to Independent You an extensive background working with chronically ill and mentally disabled adults in a variety of settings, overseeing their day to day care and planning for their long-term needs. Kathy earned a Bachelor of Arts degree from Saint Mary's College in Notre Dame, IN and a Bachelor of Science Nursing degree from Rush University in Chicago, IL. Kathy also earned her Master of Education from University of Illinois. Kathy is a member of the Aging Life Association. Kathy is a dedicated care manager relying on her community health experience. She enjoys getting to know her clients and their families in an effort to determine how best to be an advocate for her client and provide the best care. In her spare time Kathy enjoys spending time with her husband and two sons. She is a fitness enthusiast who loves walking and yoga!