



Joanne S. McCarty, RN, BSN  
Director of Nursing

Joanne was born and raised in Glen Cove, New York. She graduated from Adelphi University and earned a Bachelor of Science in Nursing, and completed classes towards a Masters in Nursing Administration at New York University (NYU).

Following graduation from NYU, Joanne worked at New York Hospital- Cornell Medical Center in a telemetry/ cardiac step-down unit. She worked as a staff nurse in the unit and then was promoted to a Nurse Manager position.

After Joanne and her husband Les relocated to Fairfax, Virginia, Joanne became the Nurse Manager of the Post Coronary Care Unit (PCCU) at George Washington University Hospital. While at GW she assisted in the merging of two units to form the Intermediate Cardiac Care Unit, which combined the PCCU and a thoracic surgical unit.

Realizing that home healthcare was the wave of the future, Joanne became the Managing Director of Firstat Nursing Services (a pediatric homecare agency).

While raising her children Maryn (now 18), Owen (16) and Erin (13), Joanne served as a substitute nurse at her children's school to keep her nursing passion alive.

With her parents both being involved in the medical field (her father is a doctor and her mother is a nurse) Joanne knew from a young age that she wanted to be a nurse. Joanne, who has been with Independent You since 2013, brings her dedication to nursing to her position as the Director of Nursing/Care Manager.